# September 2023

Job Connections Calendar



Tuesday Wednesday Thursday Monday Friday Effective Applications 1:30 - 3:00 PST Virtual Live **Iob Connections** Impact of WILL BE CLOSED ON Attitude LABOR DAY 2:30 - 4:00 PST Virtual Live 13 ABC's of a Relationships & Job Search Strategies Winning Resume Communication 2:30 - 4:00 PST 2:30 - 4:00 PST 1:30 - 3:00 PST Virtual Live Virtual Live Virtual Live National Police Women Day SEPTEMBER 18 Self National ature Golf HAPPY Determination/ Cheeseburger NATIONAL Self Concept 2:30 - 4:00 PST CREAM Virtual Live DAY 25 26 27 **National** Interview Basic Good Social Media **Neighbor Day** Money Matters 1:30 - 3:00 PST Techniques 2:00 - 3:30 PST 2:30 - 4:00 PST Virtual Live 8 8 8888

Pre-recorded Workshops can be viewed at a date and time convenient for you:
Overcoming a Criminal Background Barrier, IDA Preview (NEW!), Interview
Techniques, Motivation & Attitude, Teamwork & Career Development, Ethics, Time
Management & Dependability, and more! See Workshop descriptions on Page 2.

Virtual Live

Seneca Job Connections 855 Seneca Rd Eugene, OR (541) 431-3309

Virtual Live

Springfield Job Connections 102 30<sup>th</sup> St Springfield, OR (458) 205-8157 North Bend Job Connections 3696 Broadway North Bend, OR (541) 808-3707

Florence Job Connections 1310 Hwy 101 Florence, OR (541) 590-3541 Cottage Grove Job Connections 1205 Hwy 99 N Cottage Grove, OR (541) 942-1571

Brookings Job Connections 890 Chetco Ave Brookings, OR (541) 813-2370 Midtown Job Connections 3838 Old Seward Hwy Anchorage, AK (907) 563-6355 Dimond Job Connections 8931 Old Seward Hwy Anchorage, AK (907) 344-4640

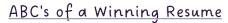
Wasilla Job Connections 1660 E Financial Dr Wasilla, AK (907) 357-4417

GOODWILL INDUSTRIES

To request access to workshops: <a href="https://www.goodwill-oregon.org/job-connections">www.goodwill-oregon.org/job-connections</a> or call 541-431-3309

## Employment Workshops And Clinic

\* Prerecorded workshops can be viewed at a date and time convenient for you.



Learn how to compose a cover letter and resume that reflects your strengths and explore different resume formats.



#### Decision Making

From deciding to get out of bed until we fall asleep at night, we're making decisions that rule our lives. Learn how to make the best possible decisions with the information you have.

#### Effective Applications

In this workshop, you will learn the rules necessary for effective application completion and the resources available to easily complete it.



## Ethics, Time Management & Dependability

Acceptable workplace conduct, strategies to budget your time, and how dependability can lead to job security.

\*Pre-recorded available

#### Impact of Attitude

Our attitude follows us in every situation and thus has major implications on our success and happiness. It's important to be aware of your own attitudes so you can accept or change them.

#### <u>Individual Development</u> <u>Account (IDA) Preview</u>

IDA matched savings accounts help you build assets through finance ial education, creating a monthly savings habit, and meeting financial goals.

Deposits are matched at a 5:1 ratio.

\*Pre-recorded available

#### Interview Techniques

Provides information, ideas, and tools to prepare you for a job interview. The better prepared you are, the less nervous you will be.

\*Pre-recorded available

#### Job Search Strategies

Does your job search need a jumpstart? The workshop will cover four proven methods to help you find the job you are looking for.



#### Motivation & Attitude

Discover what motivates you and what shapes your attitude towards work and the world around you.

\*Pre-recorded available

#### Basic Money Matters

Learn about savings, budget, daily money management ideas, debt strategy, and basic rules regarding money.



### Overcoming A Criminal

#### <u>Background</u> Barrier

Learn job search techniques that address your criminal background.

Learn about tax credits, how to explain felony convictions in interviews, and create a statement of change.

\*Pre-recorded Only



### Relationships &

#### Communication

Relationships take work, so it is important to understand the value of the effort you make.

Communication is a two-way process: talking and listening.

#### Self Determination/ Self Concept

Some people succeed because they are destined but most because they are determined. Happily ever after is for fairy tales but you ca decide to live happier ever after! Find out what barriers are keeping you from getting more out of your life.

#### Social Media 101

What do your social media posts say about you? Your online presence can impact your job search. Make the best virtual impression and learn how to utilize social media to locate job leads.

#### Stress & Anger Management

Stress is everywhere. It is inescapable. It can affect us in multiple, powerful ways. Stress and anger are two sides of the same coin. Often, we are angry because we are stressed and vice versa.\*\*Not offered this month\*\*



#### Teamwork &

#### Career Development

Discuss how to work better with others, when to know it's time to move on, and how to do so without burning bridges behind you while moving towards career goals.

\*Pre-recorded available