

# JOB CONNECTIONS CALENDAR

# AUGUST 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		4 Self Determination 2:00 – 3:30 Virtual Live	5	6
9	10	11 Decision Making 2:00 – 3:30 Virtual Live	12 Ethics, Time Management & Dependability 10:00 – 11:30 Virtual Live	13 Social Media 101 2:00 – 3:30 Virtual Live
16	17 Teamwork & Career Development 10:00 – 11:30 Virtual Live	18 Stress & Anger Management 2:00 – 3:30 Virtual Live	19	20
23	24 Interview Techniques 2:00 – 4:00 Virtual Live	25 Impact of Attitude 2:00 – 3:30 Virtual Live	26	27 Job Search Strategies 2:00 – 3:30 Virtual Live
		<p>Overcoming a Criminal Background Barrier &amp; Motivation &amp; Attitude are now Pre-Recorded!</p> <p><i>These classes are pre-recorded so you can watch at your leisure. See below to sign up!</i></p>		
<p>Seneca  Job Connections 855 Seneca Road Eugene, OR 97401 (541) 431-3309</p>		<p>Springfield  Job Connections 102 30<sup>th</sup> Street Springfield, OR 97478 (458) 205-8157</p>		

See page 2 for \* workshops that are also pre-recorded and can be viewed at a date and time convenient for you.

Sign up for workshops online: [www.goodwill-oregon.org/jobconnections](http://www.goodwill-oregon.org/jobconnections) or call 541-431-3309

## EMPLOYMENT WORKSHOPS AND CLINICS

### ABC'S OF A WINNING RESUME

Increase your understanding of how your resume and cover letter are used in the job search process and make sure they target your career goals. Learn how to compose a resume that reflects your strengths and explore different resume formats.

Coming Soon!!

### INTERVIEW TECHNIQUES

Provides information, ideas, and tools to prepare you for a job interview. Learn what you should research and how to present yourself. Get a chance to put your interviewing skills into practice. The better prepared you are the less nervous you will be.

### Social Media 101

Provides information about how your online presence can impact your job search and how make the best virtual impression. Also covered:

How to utilize social media to obtain job leads.

Coming Soon!!

### EFFECTIVE APPLICATIONS

Stand out above other applicants and develop an application that will “wow” employers. In this workshop, you will learn the rules necessary for effective application completion and the resources available to easily complete it.

Coming Soon!!

### MOTIVATION & ATTITUDE

“A great attitude becomes a great day, month, year, and then a great life.”

Discover what motivates you and what shapes your attitude towards work and the world around you.

**\*Pre-recorded available**

### TEAMWORK & CAREER DEVELOPMENT

How working well in a group setting can help you and others achieve mutual goals and the process of managing learning, work, leisure, and life transitions in order to move toward your career goals.

**\*Pre-recorded available**

### JOB SEARCH STRATEGIES

Is your job search stagnant? Do you need new ideas to jumpstart your finding a job? The workshop will cover four proven methods: direct response, cold calling, networking, and stepping stone, to help you obtain the job you are looking for.

Coming Soon!

### OVERCOMING A CRIMINAL BACKGROUND BARRIER

Learn job search techniques that address your criminal background. Learn about tax credits, how to explain felony convictions in interviews, and create a statement of change.

**\*Pre-recorded**

### ETHICS, TIME MANAGEMENT & DEPENDABILITY

The basic concepts of acceptable workplace conduct and equality of all in the workforce, how to budget your time since it cannot be stored—you only get 24 hours in a day, and how dependability can lead to job security.

**\*Pre-recorded available**

*Life Skills Workshops are now available virtually on Wednesdays*

### Job Connections Virtual Workshops

Ethics, Time Management & Dependability	Thurs 8/12	Social Media 101	Fri 8/13
Teamwork & Career Development	Tues 8/17	Interview Techniques	Fri 8/24
Job Search Strategies	Tues 8/27		

### Life Skills Virtual Workshops

Self Determination	Wed 8/4	Decision Making	Wed 8/11
Stress & Anger Management	Wed 8/18	Impact of Attitude	Wed 8/25

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